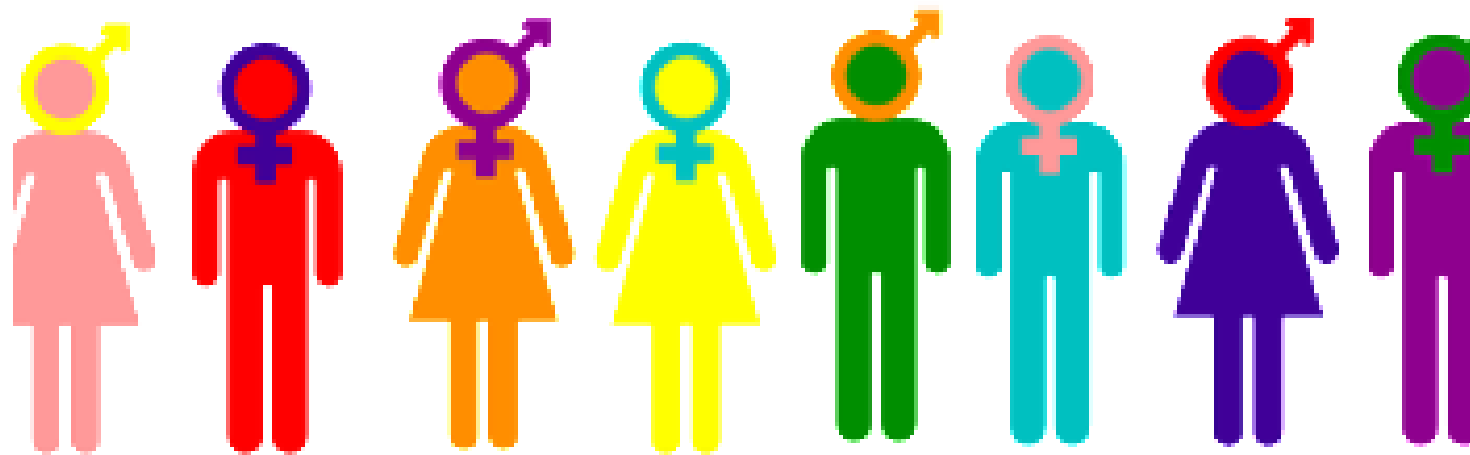


The usage of KLIK in adults with Gender Dyphoria

Baudewijntje Kreukels, Nastasja de Graaf, Anouk Verveen, Thomas Steensma

Center of Expertise on Gender Dysphoria, Amsterdam UMC

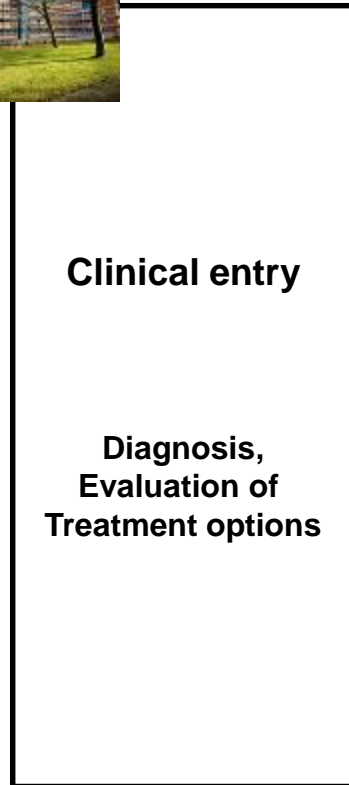
September 12th 2019





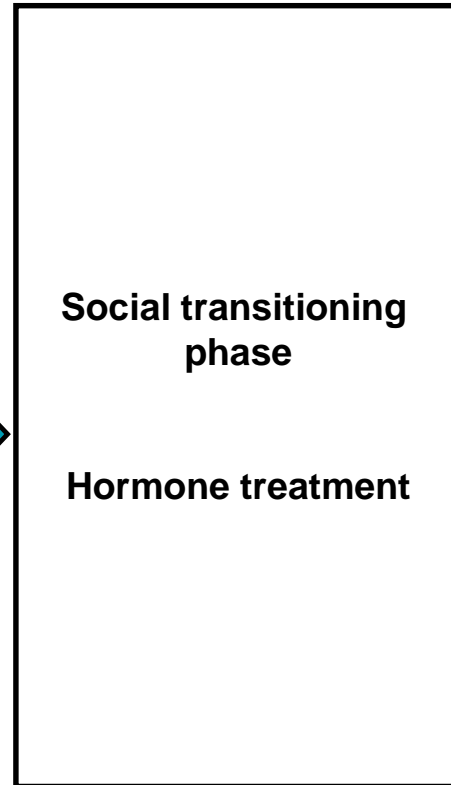
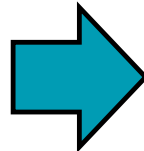
Center of Expertise on Gender Dysphoria





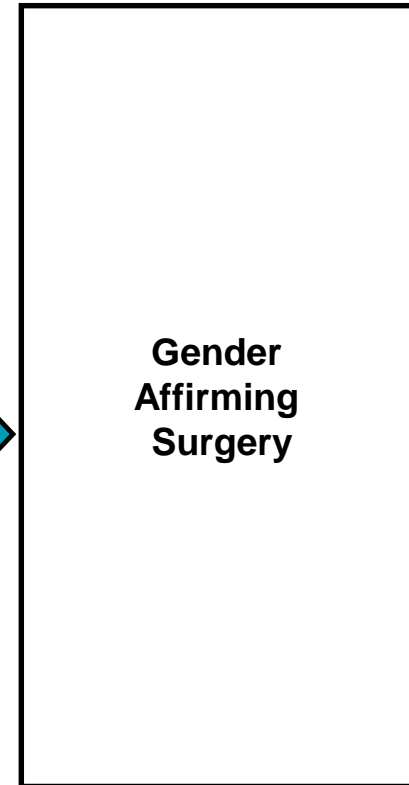
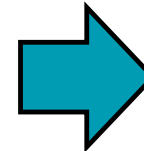
~6 months

1x month



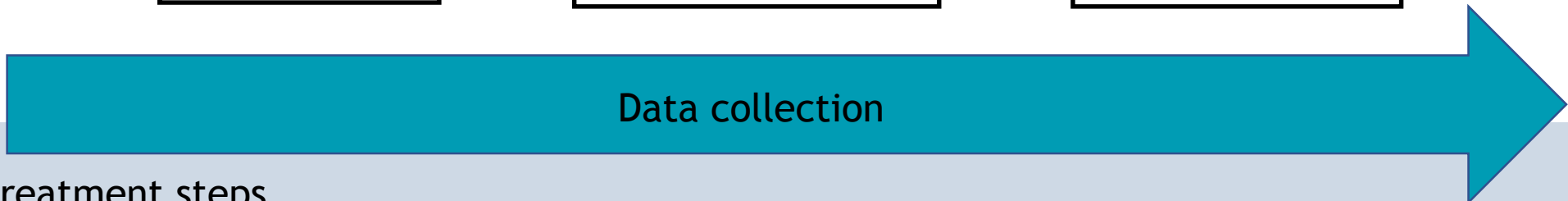
12 months

1x 3 months



Waiting list

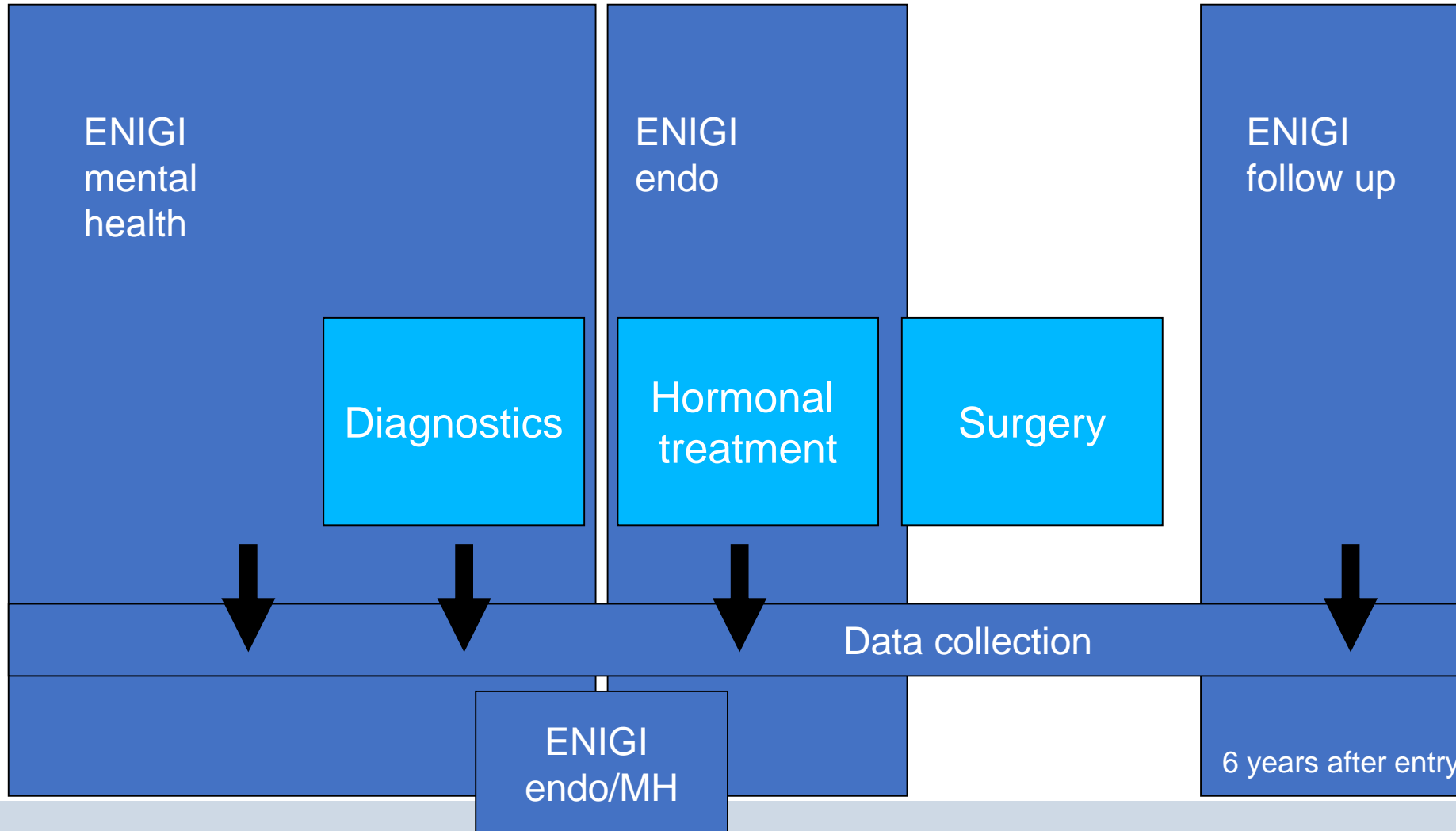
Post surgery (2x)



Diversity in treatment steps



European Network for the Investigation of Gender Incongruence (ENIGI)





From paper work (BL) to digital surveys (FU)

3808540154 VU Medisch Centrum - Zorgcentrum Gender

SCHEMA 6A

Country code Id-nr

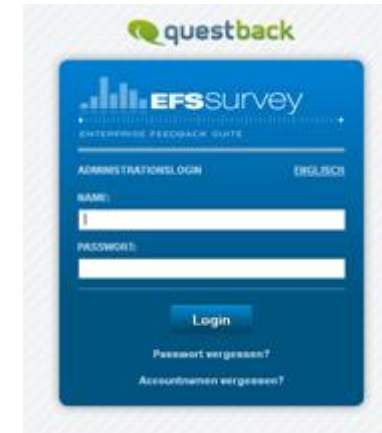
BIS-M

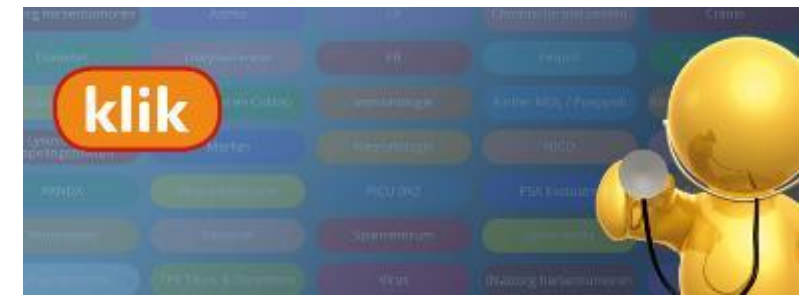
Datum: . .

Behandelaar:

Kruis het cijfer aan dat het meest overeenkomt met uw gevoelens over het lichaamsdeel dat genoemd wordt. Geef ook aan of u dat lichaamsdeel zou willen veranderen d.m.v. een medische behandeling. Het doet er daarbij niet toe of zo'n behandeling ook echt kan worden uitgevoerd.

	Erg tevreden	Tevreden	Neutraal	Ontevreden	Erg ontevreden	Wilt u het veranderen?
1. Neus	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> ja <input type="checkbox"/> nee
2. Oorbellen	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> ja <input type="checkbox"/> nee





Updating our procedures, the road to KLIK

Research

- Digitalized data collection, get rid of all the paper forms
- Database, no manual data entry

Clinical

- Overview before 1st consultation
- Shorter session psychological testing
- Automatic scoring and feedback
- Clinical data management



Why KLIK?

- Easy to use, user-friendly interface compared to for example Castor
- Short lines
- Invitations to fill out questionnaires before appointments
- Data available and easily accessible for clinician and researcher (tailored to specific purposes)



Assessments in adults (18 > years) in CEGD - MH



M0

Before first consultation

Background questionnaire

(sociodemo, gender development, body image etc.)



M1

Before 2nd consultation

Quality of Life (SWS/SHLS), Gender Identity Questionnaires

(GII, TIS, GQI)



M2

Before consultation psychol

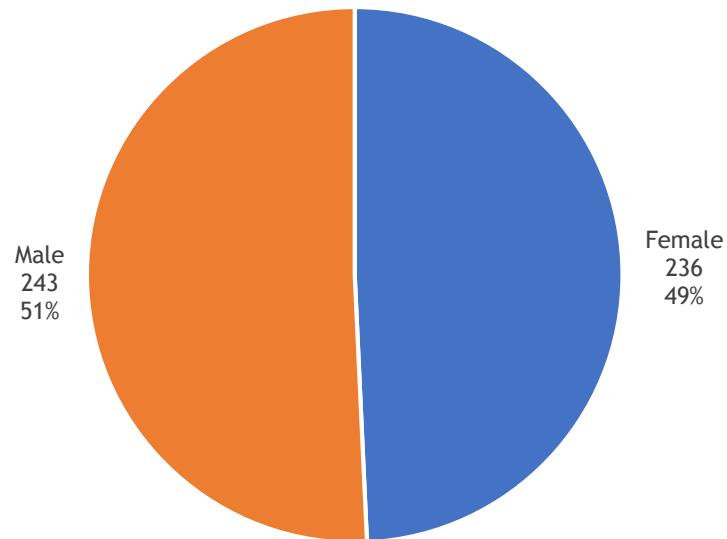
for genital surgery

Questionnaire for genital surgery

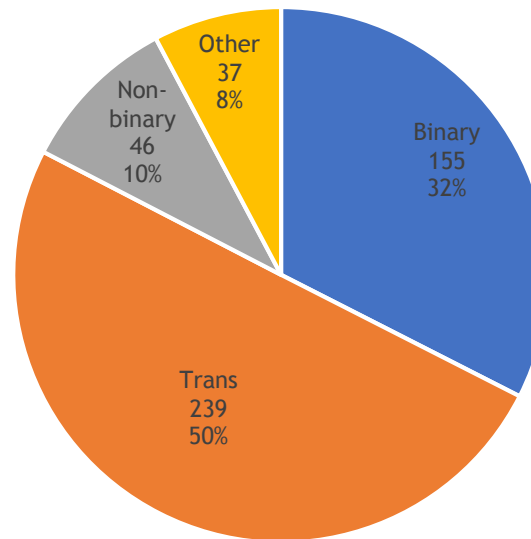


Our first 479 cases

Birth assigned sex



Current gender identity

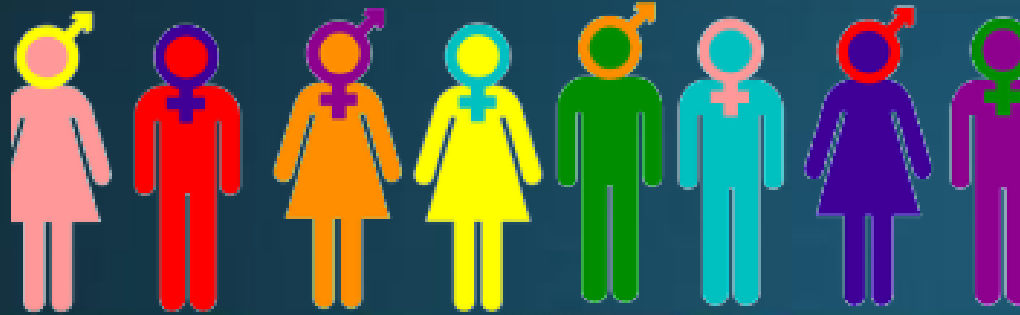


- 65% lives in the opposite gender at home
- 40-50% lives in the opposite gender at job or school



Experiences with questionnaires via KLIK

Advantages	Disadvantages
Overview of all important areas	Intimate questions before first contact
Time gain	Not all pts fill out questionnaires
Pts can think in advance about difficult topics	Too many questions/questionnaires
Easier to start conversation	Sometimes problems with enrollment
Pts like to fill out questionnaires at home	



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BIS-M

Datum: . .

Behandelaar:

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1. Neus	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> ja <input type="checkbox"/> nee



Start with KLIK in children and adolescents with GD

September 2019



Thank you